

2020 MIAC Women's Indoor Track & Field Championship Preview

Posted: Feb 26, 2020

BLOOMINGTON, Minn. – The 2020 Minnesota Intercollegiate Athletic Conference (MIAC) Indoor Track and Field Championships are set to get underway on Thursday. Twelve women's teams from around the MIAC will compete in the three-day meet held Thursday-Saturday at Saint John's University in Collegeville, Minn.

| [2020 MIAC Indoor Track and Field Championships](#) |

The MIAC Indoor Track and Field Championships begin Thursday with the multi-event competitions. The women's pentathlon starts at 2:00 p.m. with the men's heptathlon beginning 20 minutes later. The heptathlon finishes up Friday morning at 10 a.m., with Friday's field events set to start at 4:00 p.m. and track to follow at 4:30 p.m. Saturday's final session starts with 12:00 p.m. field events and 1:00 p.m. track events. Admission is \$10 for adults and \$2 for any student each day. Children ages five and under will be admitted for free.

Saturday's final event begins at 4:10 p.m., and there will be a short awards ceremony following the conclusion of the meet to honor both team champions. The top three individuals in each event and the first-place relay team will automatically earn All-Conference honors, and the 4th-through-6th place finishers in each open event and 2nd-through-6th place relay teams will all be named All-Conference Honorable Mention.



FOLLOW THE ACTION

The MIAC has a [homepage](#) dedicated to the 2020 Indoor Championships, complete with venue and admission information, [the event schedule](#), entries, heat sheets and links to follow the action via [webcast](#) and [real-time results](#). Results, recaps, and multimedia coverage of the Championships will be available throughout the event.

| [HEPTATHLON PROGRAM](#) | [WOMEN'S PERFORMANCE LIST](#) | [WOMEN'S MEET ENTRIES](#) |

NAMES TO KNOW

Augsburg junior **Jada Lewis** recorded the eighth-fastest 60-meter dash time in NCAA Division III this season with a 7.67 at last weekend's Minnesota Cold Classic. That time also represents an Augsburg record. Lewis is the defending conference champion in the event, winning last year's meet with a time of 7.80 in finals.

Bethel senior **Delia Labatt** clocked the seventh-fastest 400-meter time in D-III this season at the Minnesota Cold Classic last Friday, finishing in 57.43. Labatt is also the anchor of the nation's top-ranked 4x400 relay team, which set a Bethel flat-track record with a 3:51.81 over the weekend. Labatt won MIAC titles in both events last season.

Carleton first-year **Clara Mayfield** ranks among Division III's top 10 in two events and the top 50 in a third this season. Her 3000-meter time of 9:55.95 ranks seventh in the nation, while her 5000-meter time of 17:22.21 is 10th and her mile time of 5:08.32 is 48th.

Concordia junior **Josie Herrmann** recorded the 13th-fastest 800-meter time in Division III over the weekend with a time of 2:16.01 at the UND Tuneup. Herrmann was the MIAC runner-up in 2019, coming in second to conference record-setter and eventual national champion Phoebe Aguiar of Macalester.

Gustavus first-year **Birgen Nelson** set a school record in the 60-meter hurdles last Friday with a time of 8.98 at the Minnesota State Maverick Invite. Nelson's time currently ranks second in the MIAC and 18th in Division III.

Hamline junior **Helen Dolan** boasts a pair of national top 25 times this season, ranking 17th in D-III with a 5:01.87 mile time and 21st with a 2:16.98 in the 800 meters. Dolan was the MIAC runner-up in the 1000-meters and finished third in the 800 meters in 2019.

Macalester sophomore **Hannah Grosse** broke her own school record in the pole vault, clearing 3.37 meters, at the St. Olaf Women's Invite last Friday. The performance marked the second straight meet in which Grosse eclipsed the school record.

Saint Benedict senior **Lee Stelten** recorded a pole vault of 3.35 meters at the Hamster Invitational earlier this month. That mark is tied for fourth in the conference this season. She recorded a vault of 3.12 to finish eighth at the 2019 MIAC Indoor Championships.

St. Catherine junior **Elsie Lundquist** is tied for 36th in Division III with a high jump of 1.63 meters this season. Lundquist topped out at 1.65 meters to finish third at last year's MIAC Championships. She is the defending MIAC champion in the triple jump.

Saint Mary's sophomore **Sydney Klausler** has recorded a trio of top-10 MIAC marks this season with a long jump of 5.34 meters, 200-meter time of 26.36, and a 60-meter time of 8.13 this season. Her long jump distance ranks second in the conference, while her 200 time is fifth and 60 time is eighth.

St. Olaf senior **Johanna Glaaser** has the 12th-fastest 400-meter dash time in Division III this season at 57.91. Glaaser was the conference runner-up in both the 400 and 600 meters last season.

St. Thomas senior **Steph Kretlow** has the second-best long jump in D-III this season at 5.83 meters. She won the conference championship in the event last season with a leap of 5.72 meters.